

How To Avoid Syncing Interruptions During Daylight Savings Time Changes



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Avoid Syncing Interruptions



If you are running a study overnight during a Daylight Savings Time change, the “*Adjust for daylight saving time*” option in your date and time settings on your laptop or tablet **MUST** be turned off.

Make this change BEFORE you begin your study!

IMPORTANT

If there is a time difference between the recording and the video, the EEG software will not recognize the video being associated with the EEG.

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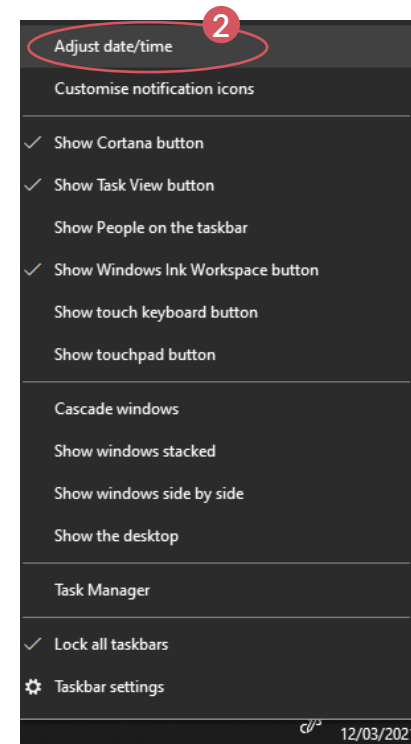
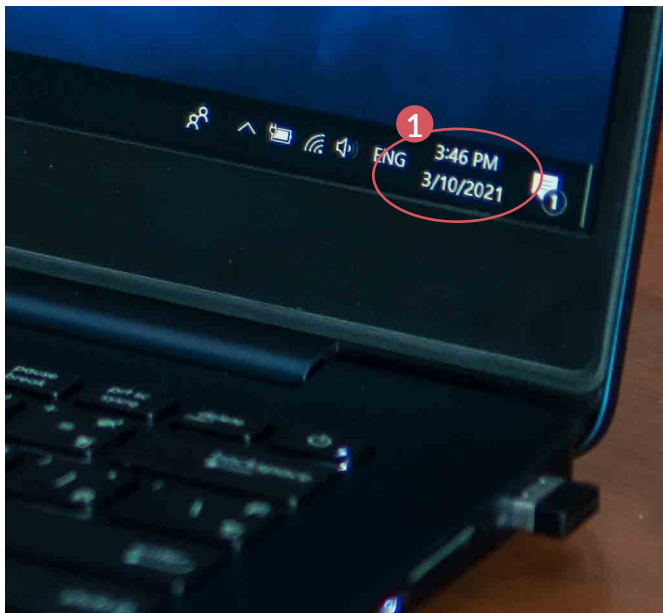


Access The Date/Time Settings



1 Right click on the time or date in the task bar

2 Select Adjust date/ time



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Change The Following Settings



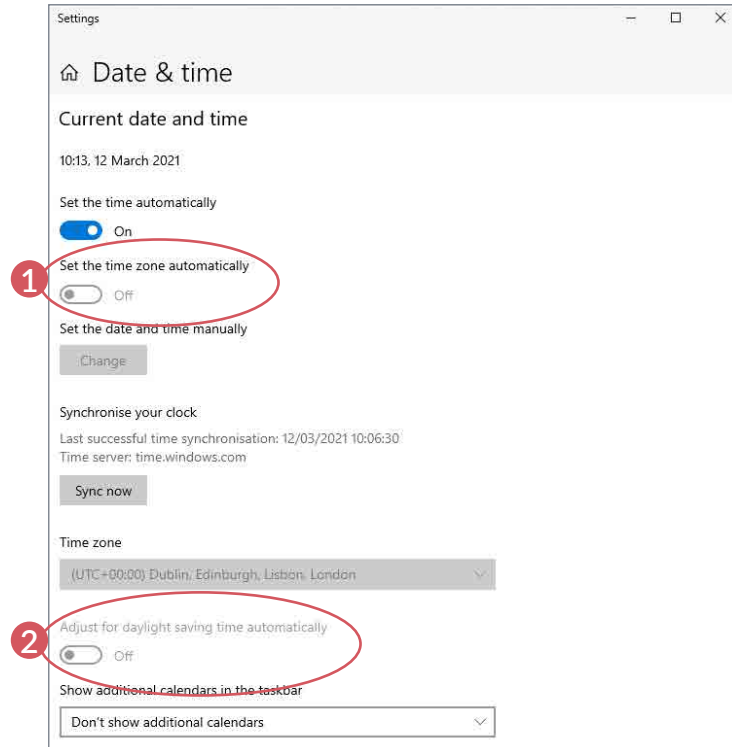
1 Turn off the option

“Set the time zone automatically”

2 Turn off the option

“Adjust for daylight saving time automatically”

Now you are ready to record.



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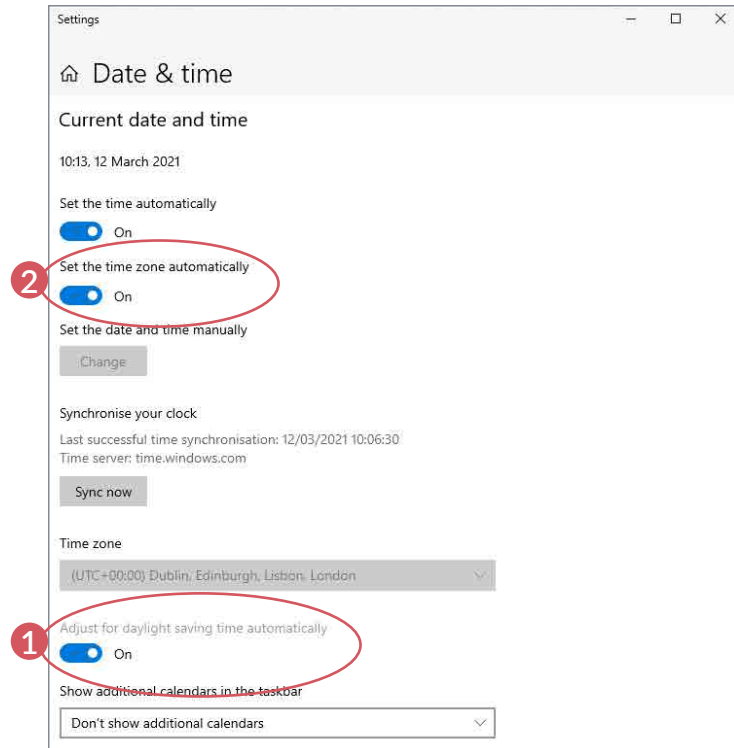
When Your Study Is Complete



Don't forget to correct your tablet or laptop's time, once your weekend EEG recording is complete.

To do this:

- 1 Turn on
"Adjust for daylight saving time automatically"
- 2 Turn on the option
"Set the time zone automatically"



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For additional assistance

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