## **Patient Instruction Sheet**



Upon arrival at home, after having the equipment and electrodes fitted to you, please observe the following instructions to help ensure a successful recording:

For help, call:

## DO:

- Keep the equipment in its bag to protect it from ingress of water.
- Ensure that the bag and straps are worn over clothing to prevent any possibility of skin irritation.
- Take care to avoid entanglement of cables or straps which could result in strangulation.
- Press the event button (one single quick press) if you feel anything unusual



If you have been fitted with a SpO2 sensor keep it in place throughout.

## DON'T:

- Do not tamper with the equipment or attempt any modification. The equipment requires no patient intervention during the recording.
- Do not use mobile phones in close proximity to the equipment.
- Do not chew gum or other sweets as this produces artefact signals.
- **X** Do not bath or shower.
- Do not subject the equipment to heat or moisture.
- Do not allow pets or children to interfere with the equipment or the cables.



CAUTION: Federal (USA) law restricts this device to sale by or on the order of a physician.



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